



## EP Fitness Locations

### East(24hr)

1430 Lee Trevino 593.3133

### West(24hr)

145 Paragon Ln. 833.4653

### Montwood

11705 Montwood 849.8491

### Resler

981 N. Resler Dr. 760.4200

### Northeast

10060 Rushing Rd. 751.4959



## Roca Fitness Locations

### East

12145 Montwood 921.ROCK

### Northeast

9740 Dyer 751.ROCK

### Lower Valley

9585 Plaza Circle 858.ROCK

# What sets us apart?



## Family Fitness

We have memberships for ages 12 and up! Make fitness a family affair!



## Group Fitness Classes

Offering over 400+ fitness classes citywide each week! Zumba® Cycling, Boot Camp, Youth Karate, Yoga and more!



## 24 Hour Facilities

For the convenience of our members, EP Fitness offers 24 hour fitness facilities at select locations throughout the city!



## Cross Training (UPGRADE)

Up for the challenge? Upgrade your membership to include Cross Training! Classes are available on both the Westside and Eastside!



## Kid's Corner

No excuses! You workout, we watch the kids!



## And So Much More!

Indoor basketball, tanning booths, access to all Roca Fitness locations, and a huge selection of Free Weight/Pin-Select/Cardio Equipment! You name it, we've got it!



# Corporate VIP

health and wellness program



[www.EPFITNESS.com](http://www.EPFITNESS.com)



## Our Mission

Our mission at EP Fitness is to serve our community by providing clean, convenient facilities; friendly, helpful customer service; in a fun and safe environment that is affordable to everyone. We provide our members with the largest amount of high-quality fitness equipment, the greatest variety of exciting fitness classes, and convenient hours of operation at all EP Fitness locations.



## What Sets Us Apart?

- \*Over 400 exciting group fitness classes every week:
  - Cross Training
  - MMA
  - Zumba®/Dance
  - Cycling
  - Fitness Yoga
  - Youth Martial Arts
  - Boot Camp
  - Pilates
  - Core and More!
- Full Access to any EP Fitness/Roca Fitness location
- \*Select 24 Hour facilities
- On-Site Child Care
- Tanning
- Indoor Basketball
- Huge selection of Free Weight, Pin-Select and Cardio Equipment

EP Fitness is proud to offer over 400 fun and invigorating group fitness classes each week! Add spice to your workout routine by sampling from an abundant selection of classes offered at an EP Fitness location near you. Get a complete workout from the best instructors in El Paso in classes that combine cardiovascular training with strength training, stretching and core targeting. We offer a wide selection of classes to fit every experience and fitness level.

\*services offered may vary by location

# INVEST IN YOUR HEALTH



## Corporate VIP Benefits

- No Contracts
- No Fees
- Access to all EP Fitness and Roca Fitness Centers
- Complimentary weekly assessment with a certified personal trainer
- Free Cycling Classes
- Unlimited child care services - \$5 per child per month
- Discounts at various El Paso retailers
- Family members may qualify for the same great VIP rates and benefits!

## F.A.Q.

### How do I enroll?

Contact your Human Resources department to enroll. No down payment is required.

### When can I start?

You can start attending our gym immediately after you complete your enrollment.

### Who qualifies under this program?

Employees and family members that qualify under the company benefits package can be enrolled at any time.

### What do I do if I lose my scan card?

Stop by the front desk at any one of our locations to request a new one.

### How do I cancel?

Contact your Human Resources department to cancel your membership. Your membership will be cancelled 30 days from your request.



www.epfitness.com • www.rocafitness.com  
vip@epfitness.com  
915.534.9090 ext.220